

Granbaita
SAVINELA SPA

THE CARE OF MIND, BODY AND SOUL OF OUR GUESTS SINCE 1962

The story of the Savinela SPA

Granbaita Savinela SPA was born from the desire of the Perathoner family to recreate the atmosphere of the Vallunga valley, a UNESCO World Heritage Site, where they spent unforgettable moments admiring the variety of flora and fauna present. The name of each beauty cabin in the Savinela SPA, recalls a flower of this valley and the environment reminds mountain huts made of fine stone pine. Our treatments are inspired by the alpine tradition: using hay, arnica or nigritella. Even the products of our cosmetic line, contain active ingredients of alpine flowers and herbs. Our qualified staff is at your disposal to meet any specific need, respecting our mission statement that has driven us for over 60 years: placing our guests and their wishes at the center of all our work.

Thank you for choosing us.



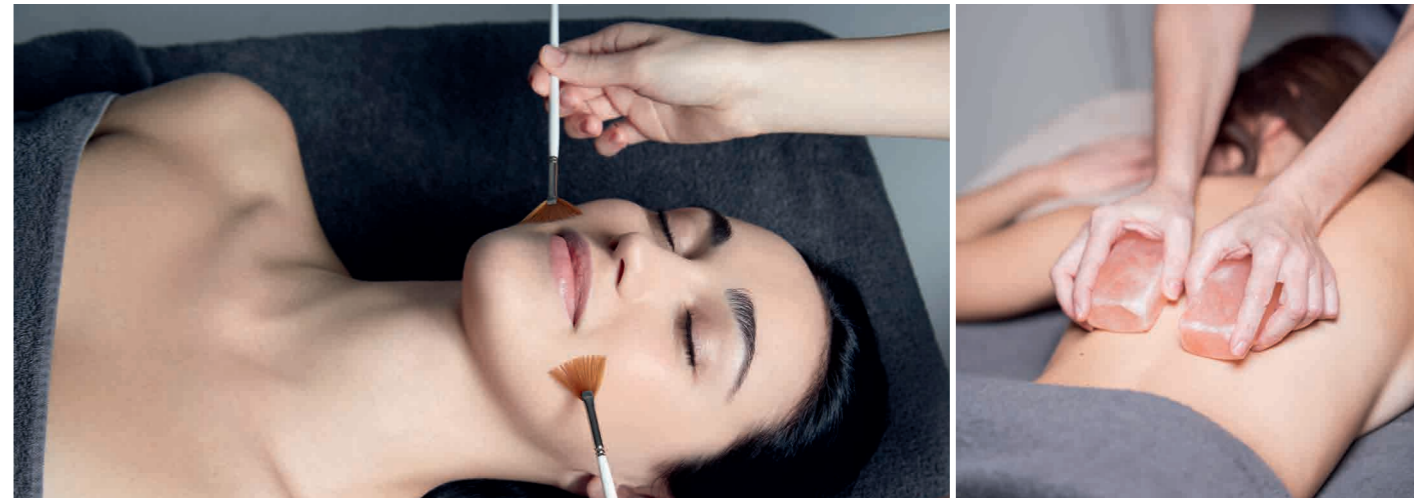
THESE ALPINE FLOWERS
NAME OUR BEAUTY CABINS



A PLACE OF TRANQUILLITY AND SERENITY
BOOK YOUR TREATMENT

SAVINELA SPA

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CLASSIC MASSAGES

Classic - Relaxing Massage 50 min. 90 €

Stimulates microcirculation, lightens and relaxes muscles with enveloping movements

Draining Massage 50 min. 95 €

Gentle movements to work on the lymphatic system, promoting fluid drainage

Hot Stone Massage 50 min. 95 €

Holistic massage with decontracting, detoxifying, and revitalizing effects

Partial Massage 20 min. 55 €

Targeted treatment on back, legs, face, or abdomen of your choice

FOR OUR ATHLETES

Sports Massage 50 min. 110 €

Helps reduce muscle tension and fatigue. Suitable before physical activity to prepare muscles and after training to relax muscle tensions with deep, enveloping movements

Deep Tissue Massage 50 min. 110 €

Relieves and relaxes muscle contractions and tensions with maneuvers using knuckles, fingertips, elbows, and forearms, effectively targeting deeper muscle layers

Specific Massage 50 min. 130 €

Customized massage to alleviate muscle tensions with specific techniques tailored to your needs

Head Massage 20 min. 55 €

Maneuvers that provide total relaxation, releasing neck tension and revitalizing scalp skin

COMBINATION OF MESSAGES & TREATMENTS

Classic Massage + Peeling 50 min. 110 €

Exfoliating and purifying

Classic Massage + Pack 70 min. 120 €

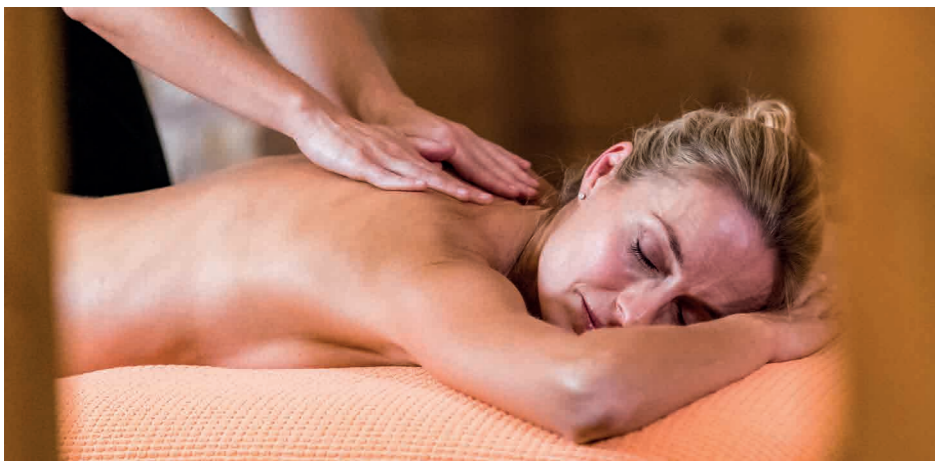
For soft and silky skin

Classic Massage + Foot Specialist 50 min. 110 €

Full-body massage with foot treatment

for restructuring, smoothing, and nourishing action

via localized pack



PRECIOUS MESSAGES

Candle 50 min. 95 €

Enveloping massage with vegetable butter candle,
nourishing and moisturizing the skin,
leaving it smooth and soft

Californian 80 min. 155 €

Relaxing massage with light, flowing,
and harmonious movements using scented oils,
to restore harmony between body and mind

Lomi Lomi Nui 50 min. 95 €

Slow and broad movements like waves over the body,
providing immediate benefits and reconnecting
with oneself and the surrounding environment

Thermo Shock Treatment 50 min. 100 €

Reactivating, detoxifying, and draining treatment,
offering an immediate feeling of lightness and
visible reduction of water retention

ORIENTAL TREATMENTS

Thai 80 min. 155 €

Enhances agility and lightness through passive stretching techniques that energetically and physically open the body

Foot Reflexology 50 min. 95 €

After an aromatherapy bath, relief is provided to the entire body through stimulation of reflex points on the sole of the foot

Gua-Sha-Face 50 min. 95 €

Using Gua-Sha, microcirculation is stimulated, releasing tension and promoting cellular metabolism. The face appears relaxed and rejuvenated



AYURVEDIC TREATMENTS

Abhyanga 50 min. 95 €

..... 80 min. 155 €

Using warm sesame oil and essential oils, energy points of the body and Chakras are worked on, providing energy and vitality

Abhyanga 4 Hands 50 min. 170 €

Traditional Indian massage performed by two therapists

Pinda Sweda 50 min. 95 €

Hot Pinda pouches filled with herbs and spices are dabbed on the oiled body, alleviating rheumatic disorders and imparting vigor and warmth, with purifying and regenerative properties

Ayurveda Ritual 110 min. 175 €

Peeling with Ayurvedic herbs, body pack in the steam bath and Abhyanga massage followed by Ayurvedic herbal tea

FACIAL TREATMENTS

Anti Age - Sublime Skin..... 50 min..... 135 €

Treatment with filler effect to pamper and enlighten the face thanks to cell renewal stimulation

Detox - Skin Regimen..... 50 min..... 135 €

Detoxifying and purifying treatment

Hydrate - Hydramemory 50 min..... 135 €

Moisturizing treatment for a silky and radiant skin

Sensitive Skins - Skin Remedy..... 50 min..... 135 €

Smoothing treatment for fragile skins prone to redness and irritation

Organic - Sacred Nature..... 50 min..... 135 €

Treatment with biological products with antioxidant and revitalizing action

Facial Cleansing + Treatment - Active Pureness..... 90 min..... 160 €

Purification and deep cleansing for impure, oily, and acne-prone skin



HIGH TECH TREATMENTS

Pressotherapy 20 min..... 50 €
..... 50 min..... 100 €

Treatment improving circulation and lymphatic system, recommended for relieving leg fatigue, reducing localized fat deposits and cellulite on legs, abdomen, buttocks and enhancing microcirculation. We will use the most suitable program for your needs, providing a sensation of total lightness

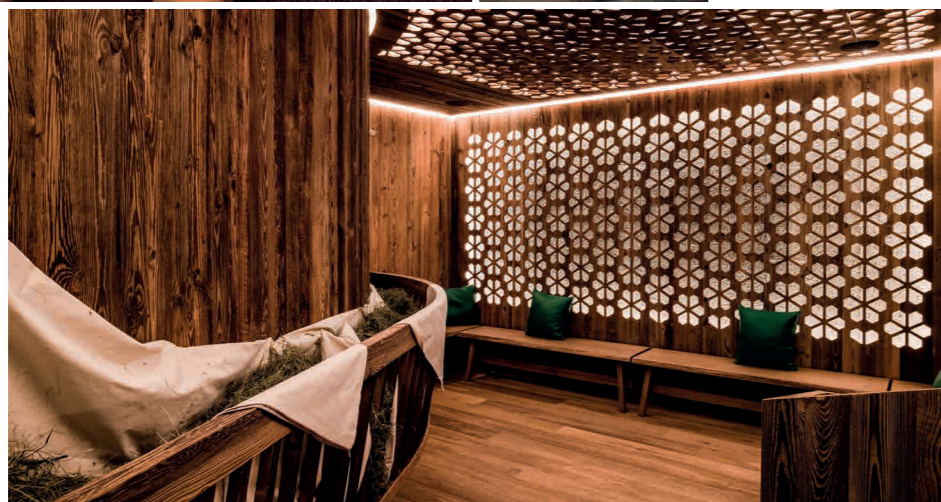
Pressotherapy + Treatment 20 min..... 60 €
..... 50 min..... 110 €

Additionally to Pressotherapy we will use Comfort-Zone products to enhance treatment effectiveness

Pressotherapy + Massage

Pressotherapy can be combined with a facial or head and shoulder massage. Obtaining a 10% discount on both treatments.





BEAUTY BODY TREATMENTS

Body Strategist	50 min.	110 €
· Draining Detox · Anticellulite · Nutritional Anti-Age		
Back & Neck	50 min.	110 €
Decontracting and revitalizing treatment for neck and back, with head massage		
Foot Specialist	20 min.	50 €
Cleanses, smoothest, and moisturizes feet. To be combined with pedicure, reflexology, or any massage type		
Salt Massage	80 min.	155 €
Treatment with Himalayan pink salt, with detoxifying and draining action		



FACE AND BODY RITUALS

Tranquillity Ritual 80 min. 155 €

Massage and moisturizing facial treatment with aromatic oils for a profound beneficial effect

Sacred Nature Ritual 80 min. 155 €

Anti-age face and body ritual to regenerate and nourish the skin with natural ingredients from organic cultivations

PACKAGES FOR HER AND HIM

Ladies Orchid 300 €

- Peeling
- Pack of your choice
- Candle Massage
- Facial treatment of your choice

Men's Rhododendron 300 €

- Peeling
- Head and facial massage
- Decontracting mud
- Sports massage



RITUALS OF OUR ALPINE TRADITION FOR TWO

Due to our packages designed for couples, you can experience magical moments of pure relaxation and love. Let yourself be pampered and surprised by our Alpine traditions.

Alpine Ritual 1 hour and 20 min. 300 €
Mountain hay bath, partial massage, and alpine flower bath accompanied by elderberry juice

Couple's Ritual 2 hours and 20 min. 400 €
Infrared sauna and private steam bath, peeling, relaxing couple massage, nourishing body pack and pleasant relaxation with alpine cocktail

Arnica Ritual 1 hour and 50 min. 450 €
Rose bath in wooden tub with apple juice and cookies, hay peeling, arnica oil massage and body pack of your choice

Prices are per couple, treatments can also be booked by a single person for half price.



PACKS AND BATHS

Packs 20 min. 55 €

- Arnica, devil's claw - For muscle pain, contractures
- Freeze-dried hay - Indicated for joints after sports activities
- Nigritella - Nourishing for the skin
- Hazelnut - Relaxing and nourishing
- Tranquillity - Moisturizing, relaxing, and aromatherapeutic

Muds 20 min. 55 €

- Reducing - Slimming
- Toning - Detoxifying
- Decontracting

Peeling 20 min. 50 €

- Classic peeling
- Freeze-dried hay peeling

Hay Bath 20 min. 55 €

Treat yourself to a regenerating moment
in our steam bed, covered in hay

Rose Bath 30 min. 100 €

Rose bath in wooden tub, accompanied by glasses
of Champagne and local products for 2 persons



WHERE TIME
DOESN'T MATTER



WOMEN'S EPILATION

Eyebrows		15 €
Armpits	15 min.....	15 €
Arms	20 min.....	25 €
Half Leg	30 min.....	35 €
Full Leg	40 min.....	50 €
Groin Area	20 min.....	25 €

MEN'S EPILATION

Armpits	20 min.....	20 €
Arms	25 min.....	30 €
Half Leg	40 min.....	40 €
Full Leg	50 min.....	60 €
Back	30 min.....	40 €
Chest	30 min.....	40 €

10% discount if at least 3 areas are chosen.

HANDS AND FEET

Manicure	50 min.....	55 €
Esthetic Pedicure	50 min.....	65 €
Manicure with Semi-Permanent Polish	70 min.....	65 €
Pedicure with Semi-Permanent Polish	70 min.....	75 €
Semi-Permanent Polish Removal	20 min.....	20 €
Esthetic Pedicure + Foot Specialist	70 min.....	100 €
Hands SPA + Manicure	80 min.....	90 €
Peeling, Wrap, and Hand Massage + Manicure		

FITNESS

Personal Coaching	50 min.....	90 €
Yoga Class	<i>on request</i>	
Pilates Class	<i>on request</i>	



[comfort zone]
conscious skin science

OUR
LINE OF
COSMETIC
PRODUCTS



WHERE
COSMETICS
MEETS
NATURE



ACTIVE PURENESS
purifying



REMEDY
calming



SUBLIME SKIN
aging



SKIN REGIMEN
longevity



ESSENTIAL
cleansing



RENIGHT
night



SACRED NATURE
regenerating



BODY ACTIVE
fitness



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