

ENG

*Granbaita*  
SAVINELA SPA



THE CARE OF MIND, BODY AND SOUL  
OF OUR GUESTS SINCE 1962

**The story of the Savinela SPA**

Granbaita Savinela SPA was born from the desire of the Perathoner family to recreate the atmosphere of the Vallunga valley, a UNESCO World Heritage Site, where they spent unforgettable moments admiring the variety of flora and fauna present. The name of each beauty cabin in the Savinela SPA, recalls a flower of this valley and the environment reminds mountain huts made of fine stone pine. Our treatments are inspired by the alpine tradition: using hay, arnica or nigritella. Even the products of our cosmetic line, contain active ingredients of alpine flowers and herbs. Our qualified staff is at your disposal to meet any specific need, respecting our mission statement that has driven us for over 50 years: placing our guests and their wishes at the center of all our work.

Thank you for choosing us.



THESE ALPINE FLOWERS  
NAME OUR BEAUTY CABINS



A PLACE OF TRANQUILLITY AND SERENITY  
**BOOK YOUR TREATMENT**

SAVINELA SPA

T +39 0471 795 210 · [beauty@hotelgranbaita.com](mailto:beauty@hotelgranbaita.com)



## CLASSIC MASSAGES

**Relaxing massage** ..... 50 min. .... 85€

Relaxing and enveloping touches and movements

**Classic massage** ..... 50 min. .... 85€

Stimulates the microcirculation,  
relieves the muscles and relaxes

**Draining massage** ..... 50 min. .... 95€

Light and superficial movements  
to work on the lymphatic system

**Deep tissue (sport) massage** ..... 50 min. .... 110€

Specific for legs and back,  
ideal after exercise

**Partial massage** ..... 20 min. .... 55€

Back, legs, face, abdomen  
of your choice

## COMBINATION OF MASSAGES & TREATMENTS

**Classic Massage + Peeling** ..... 50 min. .... 105€

Exfoliating and purifying

**Classic Massage + Pack** ..... 1 hour 10 min. .... 120€

For a soft and silky skin

**Classic Massage + Foot Specialist** ..... 50 min. .... 110€

Whole body massage and foot treatment  
with a restructuring, smoothing and nourishing  
action thanks to a localized pack





## PRECIOUS MASSAGES

**Candle** ..... 50 min. .... 95 €

Enveloping and nourishing massage  
due to the warmth of vegetable butters

**Hot Stone** ..... 50 min. .... 95 €

The use of heated lava stones,  
to loosen muscles and give a  
unique sensation of relaxation

**Californian** ..... 1 hour 20 min. .... 155 €

Psychosomatic treatment  
for the body-mind balance

**Lomi Lomi Nui** ..... 50 min. .... 95 €

Hawaiian rhythms provide a  
feeling of lulling between waves

**Tranquillity** ..... 50 min. .... 95 €

Deep moisturizing and aromatherapy massage

## ORIENTAL TREATMENTS

**Oriental massage on the futon** ..... 50 min. ..... 95€

Works on the meridians of the body for an energy rebalancing

**Thai** ..... 1 hour 20 min. ..... 155€

Passive stretching and stimulation of the body-energy-points

**Gua-Sha Face** ..... 50 min. ..... 95€

It stimulates the blood circulation of the face and slows aging

**Foot reflexology** ..... 50 min. ..... 95€

Stimulation of reflex points on the sole of the foot



## AYURVEDIC TREATMENTS

**Abhyanga** ..... 50 min. ..... 95€

With sesame oil to rebalance  
the three Doshas

**Abhyanga 4 hands** ..... 50 min. ..... 170€

Traditional Indian massage  
with two operators

**Pinda Sweda** ..... 50 min. ..... 95€

Treatment with heated bags  
filled with alpine herbs

**Ayurveda Ritual** ..... 1 hour 50 min. ..... 175€

Ayurvedic herbal peeling,  
body pack in the steam bath  
and Abhyanga massage followed  
by an Ayurvedic herbal tea

## FACIAL TREATMENTS

**Anti Age - Sublime Skin** ..... 50 min. .... 135 €

Treatment with filler effect to pamper and enlighten the face thanks to cell renewal stimulation

**Detox - Skin Regimen** ..... 50 min. .... 135 €

Detoxifying and purifying treatment

**Hydrate - Hydramemory** ..... 50 min. .... 135 €

Moisturizing treatment for a silky and radiant skin

**Sensitive skins - Skin Remedy** ..... 50 min. .... 135 €

Smoothing treatment for fragile skins prone to redness and irritation

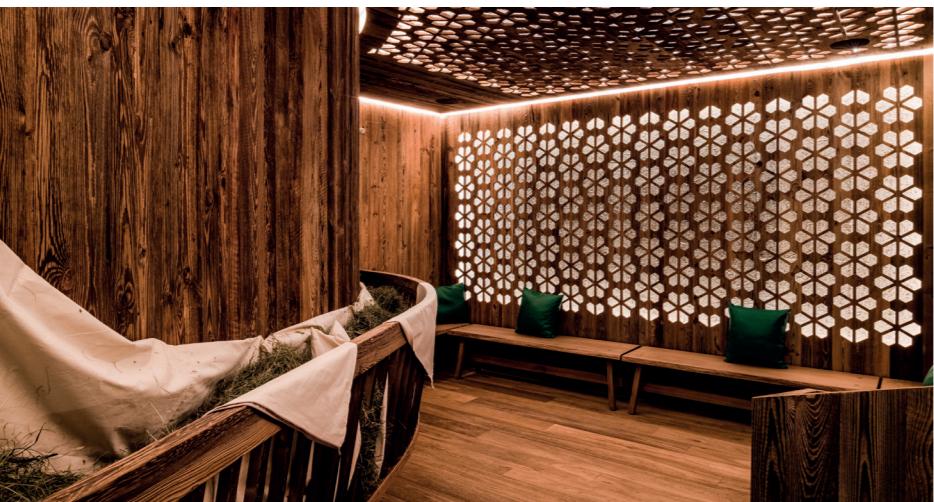
**Impure skins - Active Pureness** ..... 50 min. .... 135 €

Deep cleansing treatment for impure, oily and acne-prone skins

**Organic - Sacred Nature** ..... 50 min. .... 135 €

Treatment with biological products with antioxidant and revitalizing action





## BEAUTY BODY TREATMENTS

**Body Strategist** ..... 50 min. .... 105 €

- Draining Detox
- Anti-cellulite
- Nutritional Anti Age

**Back & neck** ..... 50 min. .... 105 €

Decontracting and revitalizing for neck  
and back with head massage

**Foot Specialist** ..... 20 min. .... 45 €

Treatment that cleanses, smoothes and  
moisturizes the feet. Can be combined with  
pedicure or reflexology, or any type of massage

**Salt massage** ..... 1 hour 20 min. .... 155 €

Treatment with Himalayan pink salt with  
a detoxifying and draining action

## RITUALS OF OUR ALPINE TRADITION

**Hay Ritual: Alpine Ritual Steviola.....** 50 min..... **95€**

Mountain hay bath and  
partial massage

**Couple's Ritual (for 2 people) .....** 2 hour 20 min..... **360€**

Private sauna and steam bath, peeling,  
relaxing couple massage, nourishing  
body pack and pleasant relaxation  
with a fresh fruit cocktail

**Arnica Ritual.....** 1 hour 20 min. .... **155€**

Rose bath in the wooden tub,  
hay peeling, partial massage  
with arnica oils, and a pleasant  
relaxation with honey biscuits



## FACE AND BODY RITUALS

**Tranquillity Ritual.....** 1 hour 20 min..... **155€**

Massage and moisturizing facial treatment  
with aromatic oils for a profound beneficial effect

**Sacred Nature Ritual.....** 1 hour 20 min..... **155€**

Anti-Age face and body ritual to regenerate  
and nourish the skin with natural ingredients  
from organic cultivations

## PACKS AND BATHS

**Packs** ..... 20 min. .... 55€

- Arnica, Devil's Claw  
For muscle pains, contractures
- Freeze-dried hay - Indicated for the joints,  
recommended after sport activities
- Nigritella - Nourishing for the skin
- Tranquillity - Hydrating and relaxing
- Hazelnut - Relaxing and nourishing
- Larch - For the respiratory tract

**Muds** ..... 20 min. .... 55€

- Reducing - slimming
- Toning - detoxifying
- Decontracting

**Peeling** ..... 20 min. .... 50€

- Classic peeling
- Freeze-dried hay peeling

**Hay bath** ..... 20 min. .... 55€

Hay heated in the steam bed



WHERE TIME  
DOESN'T MATTER



## EPILATION

|               |             |     |
|---------------|-------------|-----|
| Duration..... | 15 min..... | 20€ |
|               | 30 min..... | 30€ |
|               | 45 min..... | 45€ |
|               | 60 min..... | 60€ |

## HANDS AND FEET

|  |             |     |
|--|-------------|-----|
| Manicure.....                            | 50 min..... | 55€ |
| Pedicure.....                            | 50 min..... | 65€ |
| Manicure with semi-permanent polish..... | 70 min..... | 65€ |
| Pedicure with semi-permanent polish..... | 70 min..... | 75€ |

## FITNESS

|                            |             |     |
|----------------------------|-------------|-----|
| Personal coaching.....     | 50 min..... | 90€ |
| Yoga group courses.....    | on request  |     |
| Pilates group courses..... | on request  |     |

## PACKAGES

**Ladies Orchid.....** 270 €

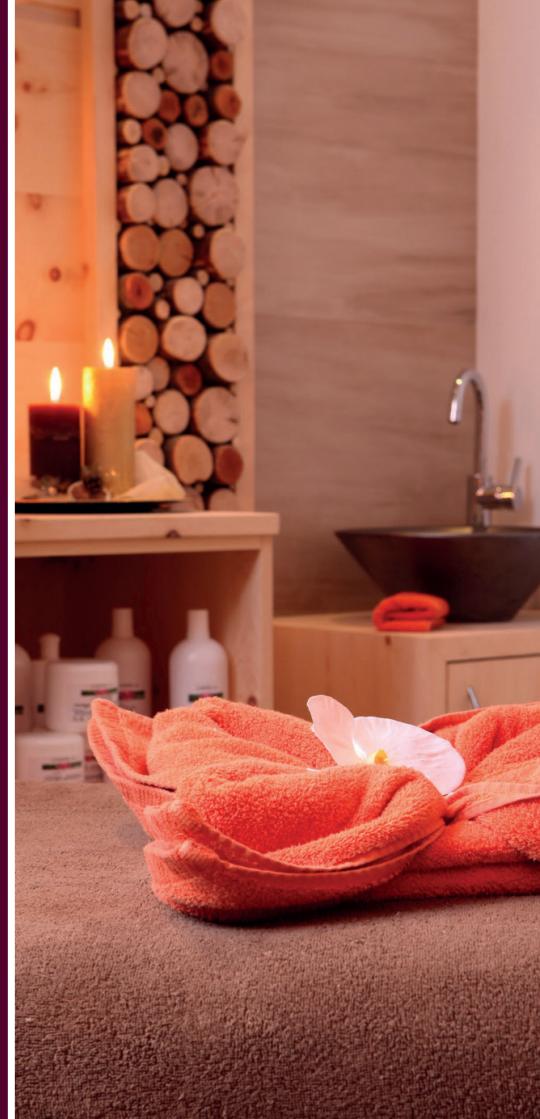
- Peeling
- Pack of your choice
- Candle massage
- Face treatment of your choice

**Men Rhododendron.....** 260 €

- Peeling
- Back and neck treatment
- Mud of your choice
- Classic massage

**Couple Steviola.....** 400 €

- Couple rose bath with 2 glasses of Champagne
- Ritual: Alpine Ritual Steviola
- Peeling per person
- Pack of your choice per person





[comfort zone]  
conscious skin science

OUR  
LINE OF  
COSMETIC  
PRODUCTS



WHERE  
COSMETICS  
MEETS  
NATURE



ACTIVE PURENESS  
purifying



REMEDY  
calming



SUBLIME SKIN  
aging



SKIN REGIMEN  
longevity



ESSENTIAL  
cleansing



RENIGHT  
night



SACRED NATURE  
regenerating



BODY ACTIVE  
fitness



Str. Nives 11 · 39048 Selva Val Gardena  
Wolkenstein Gröden (BZ) · Dolomites  
T +39 0471 795 210 · [www.hotelgranbaita.com](http://www.hotelgranbaita.com)

